

HANDOUT: Reflections – Day One

1. What is one thing I can incorporate into my practice with young people to influence outcomes?
2. How can I incorporate this information into my practice with young people?
3. How can I share this information with the young people I work with?
4. What is one thing I can do to integrate the 3R's into my practice with young people?
5. What elements of being trauma-informed when planning with youth will I incorporate into my practice?



HANDOUT: Reflections – Day Two

1. What specific brain friendly interventions can I incorporate into my practice with young people?

2. How can I incorporate a positive youth development philosophy into my practice with young people?

3. How can I move towards working with young people as resources and partners?
